



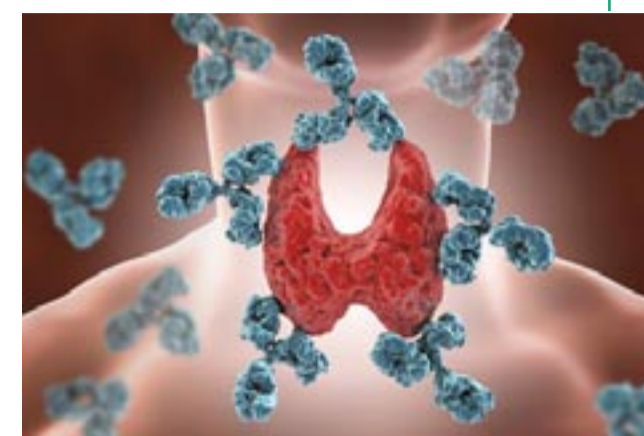
## Highlight



## IODINE INTAKE FROM FOOD AND IODIZED SALT AS RELATED TO DIETARY SALT CONSUMPTION IN THE ITALIAN ADULT GENERAL POPULATION

An insufficient iodine intake can cause goitre, clinical manifestations of hypothyroidism and increased risk of thyroid cancer. Since the Italian iodoprophylaxis strategy is based on the use of iodized salt, it is important to answer the question: “what is the relationship between dietary salt consumption and iodine intake in the Italian adult population?” The answer to this question may contribute to better understand if Italians consume enough iodised salt as well as an adequate amount of iodine-rich foods. This analysis can help to better address nutritional health campaigns.

[Read more...](#)



## Focus on



## NUTRITIONAL QUALITY OF BREAKFAST CEREAL PRODUCTS CARRYING FIBRE-RELATED CLAIMS: results from the FLIP project

Recent findings from the “Food Labelling of Italian Products” project pointed out that the presence of fibre-related claims on the pack of breakfast cereal products cannot be considered a marker of better nutritional quality of these products, compared to the ones without such claims.

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## COLLECTIVE MEMBERS



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